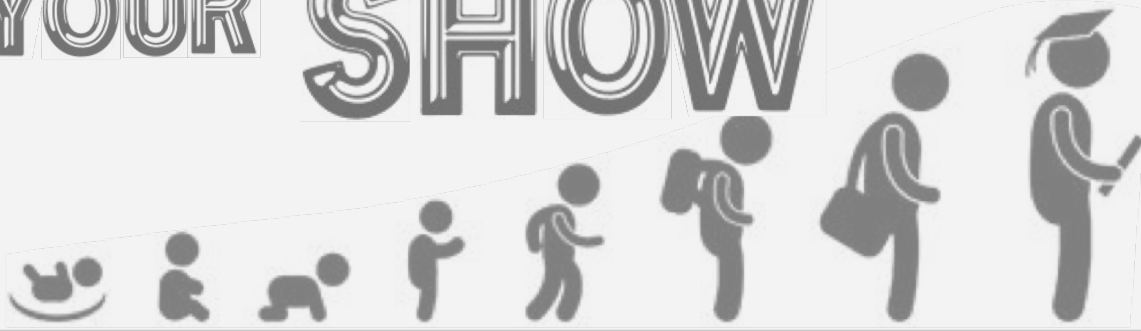


YOUR SHOW



by Japeth Gordon

In this lesson we will just focus on **one specific story** from your past.

Elements to look for when selecting the story:

Humor Use the funny moments to contrast tension or conflict

Heart Even if it's silly, the story should have depth and meaning to you

Specifics If you can't remember, feel free to embellish (the story must remain true)

Universality The audience should be able to relate to the **THEME** of your story

The performance should be:

Energized We won't be bored if you communicate in an entertaining way

Clear Don't get off track. If we can't follow the story, we won't care

Dynamic Play characters, re-live moments, use the stage/environment, etc...

Committed Invest emotionally even if you feel embarrassed or vulnerable

Outline:

WHO are the people involved?
WHERE does the story take place?
WHEN did this take place?
WHY does your character react that way?
HOW did you feel in each moment?

Continue on reverse if needed...

